

2025-2026 Aquafit Schedule with H2O-FIT

Class dates for Monarch Park Collegiate

* Northern Secondary School *

Class dates for George S. Henry Academy

Class dates for Skymark Condos

No classes due to TDSB pool closures, statutory holidays, Suzanne's *vacation*

September 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30				canc.	
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October 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 *	2
3	4	5	6	7	8 *	9
10	11	12	13	14	15 *	16
17	18	19	20	21	22 *	23
24	25	26	27	28	29 *	30

December 2025

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6 *	7
8	9	10	11	12	13 *	14
15	16	17	18	19	20 *	21
22	23	24	25	26	27	28
29	30	31				

January 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3*	4*	5*	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2026

Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

For missed classes make-ups may be attended at MPC or GSH, providing there is space.
Zoomfit classes also available Tue-Fri (dates must be reserved to receive Zoom link).

Tuesday: Monarch Park Collegiate \$55 per mo. x 7mo (23 classes) = \$14.81 per class (+ hst)
Thursday: George S. Henry Academy \$55 per mo. x 10mo (33 classes) = \$14.75 per class (+ hst)
Saturday: Monarch Park Collegiate \$55 per mo. x 9mo (31 classes) = \$14.13 per class (+ hst)