

2022-2023 Aquafit Schedule

Class dates for Monarch Park Collegiate

Class dates for George S. Henry Academy

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
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For missed classes, make-up class can be attended at MPC or GSH. We also have Zoom-Fit classes available on Tuesdays, Wednesdays, Thursdays, and Fridays. Please note - all make-ups must be reserved with H2O-FIT.