

Aquafit Class Schedule

September 2026 - July 2027

Westin Harbour Castle (WHC)

George S. Henry Academy (GSH)

Skymark Condos (SKM)

September 2026

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	1	2	3	3	4	5
7	8	9	10	10	11	12
14	15	16	17	17	18	19
21	22	23	24	24	25	26
28	29	30				

October 2026

Mon	Tue	Wed	Thur	Fri	Sat	Sun
			1	1	2	3
5	6	7	8	8	9	10
12	13	14	15	15	16	17
19	20	21	22	22	23	24
26	27	28	29	29	30	31

November 2026

Mon	Tue	Wed	Thur	Fri	Sat	Sun
						1
2	3	4	5	5	6	7
9	10	11	12	12	13	14
16	17	18	19	19	20	21
23,30	24	25	26	26	27	28

December 2026

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	1	2	3	3	4	5
7	8	9	10	10	11	12
14	15	16	17	17	18	19
21	22	23	24	24	25	26
28	29	30	31	31		

January 2027

Mon	Tue	Wed	Thur	Fri	Sat	Sun
				1	2	3
4	5	6	7	7	8	9
11	12	13	14	14	15	16
18	19	20	21	21	22	23
25	26	27	28	28	29	30

February 2027

Mon	Tue	Wed	Thur	Fri	Sat	Sun
1	2	3	4	4	5	6
8	9	10	11	11	12	13
15	16	17	18	18	19	20
22	23	24	25	25	26	27

March 2027

Mon	Tue	Wed	Thur	Fri	Sat	Sun
1	2	3	4	4	5	6
8	9	10	11	11	12	13
15	16	17	18	18	19	20
22	23	24	25	25	26	27
29	30	31				

April 2027

Mon	Tue	Wed	Thur	Fri	Sat	Sun
			1	1	2	3
5	6	7	8	8	9	10
12	13	14	15	15	16	17
19	20	21	22	22	23	24
26	27	28	29	29	30	

May 2027

Mon	Tue	Wed	Thur	Fri	Sat	Sun
					1	2
3	4	5	6	6	7	8
10	12	12	13	13	14	15
17	18	19	20	20	21	22
24	25	26	27	27	28	29
31						

June 2027

Mon	Tue	Wed	Thur	Fri	Sat	Sun
	1	2	3	3	4	5
7	8	9	10	10	11	12
14	15	16	17	17	18	19
21	22	23	24	24	25	26
28	29	30				

July 2027

Mon	Tue	Wed	Thur	Fri	Sat	Sun
			1	1	2	3
5	6	7	8	8	9	10
12	13	14	15	15	16	17
19	20	21	22	22	23	24
26	27	28	29	29	30	31

August 2027 - no classes

Mon	Tue	Wed	Thur	Fri	Sat	Sun
						1
2	3	4	5	5	6	7
9	10	11	12	12	13	14
16	17	18	19	19	20	21
23	24	25	26	26	27	28
30	31					

For missed classes make-ups may be attended at GSH (WHC, SKM not available).

Zoomfit classes also available Tue, Wed, Fri. (dates must be reserved to receive Zoom link).