

2023-2024 Aquafit Schedule

Class dates for Monarch Park Collegiate

Class dates for George S. Henry Academy

No classes due to TDSB pool closures, statutory holidays, vacation

Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

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For missed classes, make-up classes can be attended at MPC or GSH. We also have Zoom-Fit classes available on Tuesdays, Wednesdays, Thursdays, and Fridays. Please note - make-up classes for Zoom-Fit must be reserved with H2O-FIT.