

COVID Safety Protocols

- Each participating parent must be double-vaccinated against COVID-19, and proof of inoculation must be provided to H2O~FIT during registration. Click [here](#) for complete safety protocols sheet.

Parking

- Free street parking available near the pool entrance.
- Free parking available on College Street until 1:00 p.m. on Sundays.
- Do not park in the “No Loading” designated disabled spot on College Street in front of the school—this may result in a \$450 parking ticket.

Pool Entrance, Strollers, Street Shoes

- Pool entrance on northwest side of school facing College (doors #8).
- Take stairs down one flight to change rooms and pool.
- We recommend leaving your stroller in the car.
- If walking or taking TTC, strollers will need to be carried down one flight of stairs (school elevator is not available).
- Strollers and street shoes are **not permitted** on pool deck (deck shoes are highly recommended for your safety).

What to Bring to Class

- Each child requires a properly fitted diaper swimsuit.
- Please dispose of all used diapers at home.
- Lycra or neoprene suit is recommended for extra warmth.
- For the Baby~Swim class each child requires two towels.

When fitting your child with a diaper swimsuit, it must fit tightly around upper thighs and waist. Please note that if a fouling occurs, the pool must be closed for up to 72 hours.

Diaper Swimsuit—Required

- **Kushies** brand diaper swimsuit is highly recommended—provides best fit and has velcro adjustment to accommodate baby’s growth.
- *Little Swimmers* and *Bummies* brands are not recommended, as these suits have proven to leak during our classes.

Lycra or Neoprene Suit—Recommended

- A lycra bodysuit or neoprene suit (e.g. *Warmbelly*, *Babywama*, *Splash About*) is recommended, and worn over the diaper swimsuit. Even though our pools are warm (85-88 degrees), this suit helps to keep your child warm during the 45 minute class.

Other Important Information

- **One parent** may accompany each child during their visit (while on/in school premises, change rooms, pool deck, and pool).
- While on deck and in change rooms, please hold your toddler’s hand—all toddlers are asked (and reminded) not to run on deck, as it may be slippery when wet.
- While in the water and on deck, parents must remain within arm’s reach of their infant (while in baby boat) and toddler at all times.
- To keep our pool clean, please do not apply creams, perfumes, hair products on the day of your class—otherwise a cleansing shower is required prior to pool entry.
- Food and drinks are prohibited on the pool deck.

Glass containers are strictly prohibited on the pool deck and in change rooms—including baby bottles, water bottles, coffee mugs, glass toys, etc. Please note that if glass is broken on deck, this poses a danger to children and adults, and the pool must be drained, cleaned, refilled, reheated (and closed for up to 72 hours).

Family & Friends

- One parent may accompany each child during their visit (on/in school premises, change rooms, pool deck, and pool). For social distancing other family members or friends may not enter the school premises.
- For social distancing, ample space is available in the change rooms.
- Several benches available on pool deck—one per parent/child.

Photography, Videography & Cell Phones

- Videography and photography of your child only is permitted before and after class, however not while class is in progress.
- We kindly ask that cell phone conversations be kept to a minimum while class is in progress.

Make-up Class Policy

- For missed classes parents are permitted make-up classes in either our adult Aqua~Fit classes or online Zoom~Fit classes at any time.
- Visit our website for class schedule (due to social distancing, make-up classes are not available in alternative parent/tot classes).

Questions?

- If you have further questions please contact our office at h2ofit@rogers.com or Suzanne at 647-449-0043.